Trinity at City Beach Lunch Menu

Soup/Salad

ADD GRILLED OR BLACKENED CHICKEN BREAST TO ANY SALAD \$7.50

ADD GRILLED OR BLACKENED STEELHEAD TO ANY SALAD \$8.50

ADD GRILLED OR BLACKENED SHRIMP TO ANY SALAD \$7. 50 (3) / \$15 (6)

SOUP DU JOUR

SCRATCH SOUP MADE FRESH DAILY. CUP \$5/BOWL \$7

CORN & CRAWFISH CHOWDER GF

CORN AND POTATO CHOWDER TOPPED WITH TRINITY, BACON, SWEET CORN AND CRAWFISH TAILS. CUP \$6 /Bowl \$9

TCB CAESAR

GRILLED HEARTS OF ROMAINE TOPPED WITH PARMESAN, CROSTINIS AND HOUSE MADE CAESAR DRESSING. \$12

GREEN GARDEN SALAD GF

MIXED GREENS, ROMAINE AND FRESH SEASONAL VEGETABLES, WITH YOUR CHOICE OF DRESSING. (RANCH, BLEU CHEESE, GREEN CURRY VINAIGRETTE, THOUSAND ISLAND, BALSAMIC VINAIGRETTE, MAPLE-CHIPOTLE VINAIGRETTE, HONEY-LIME VINAIGRETTE AND LEMON HERB VINAIGRETTE). \$9

GREEK SALAD GF

ROMAINE, TOMATOES, ARTICHOKE HEARTS, KALAMATA OLIVES, RED ONIONS AND FETA, TOSSED WITH LEMON HERB VINAIGRETTE. \$14

SPRING MIX SALAD GF

DRIED CHERRIES, CANDIED PECANS, BACON, GOAT CHEESE AND MIXED GREENS, TOSSED IN MAPLE-CHIPOTLE VINAIGRETTE. \$15

Entrée Salads

BLACKENED CHICKEN & BRIE SALAD GF

ROMAINE AND SPRING MIX TOSSED WITH HONEY-LIME VINAIGRETTE, TOPPED WITH BLACKENED CHICKEN, BRIE AND GRANNY SMITH APPLES. \$16.75

BLACKENED BLEU N.Y. STRIP SALAD

TENDER NEW YORK STRIP STEAK BLACKENED AND SERVED ON A BED OF MIXED GREENS TOSSED WITH GORGONZOLA CHEESE, TOMATOES, BALSAMIC VINAIGRETTE AND TOPPED WITH CRISPY FRIED SHALLOTS. \$21

PECAN CRUSTED CHICKEN SALAD

PECAN CRUSTED CHICKEN BREAST ON A BED OF MIXED GREENS TOSSED WITH MAPLE-CHIPOTLE VINAIGRETTE, GOAT CHEESE, DRIED CHERRIES AND BACON CRUMBLES. \$18.50

TCB COBB GF

GRILLED CHICKEN BREAST, AVOCADO, BACON, TOMATOES, GORGONZOLA, GREEN ONIONS, CHARRED CORN AND HARD-BOILED EGG ON A BED OF GREENS. SERVED WITH YOUR CHOICE OF DRESSING. (RANCH, BLEU CHEESE, GREEN CURRY VINAIGRETTE, THOUSAND ISLAND, BALSAMIC VINAIGRETTE, MAPLE-CHIPOTLE VINAIGRETTE, HONEY-LIME VINAIGRETTE, GREEN CURRY VINAIGRETTE AND LEMON HERB VINAIGRETTE). \$17

BLACKENED SHRIMP SALAD GF

Blackened Shrimp on a bed of crisp romaine and spring mix tossed in green curry vinaigrette, topped with carrots, toasted coconut and Roasted peanuts. \$18.50

Sandwiches & Burgers

SERVED WITH YOUR CHOICE OF FRENCH FRIES, SWEET POTATO FRIES, SIDE SALAD OR PEA SALAD

TRINITY BLT

TOASTED SOURDOUGH BREAD LAYERED GENEROUSLY WITH BACON, LETTUCE, TOMATOES AND CHIPOTLE PESTO MAYO. \$12 ADD AVOCADO \$2

TCB CLUB SANDWICH

ROASTED TURKEY, HAM, SWISS AND CHEDDAR CHEESE, LETTUCE, TOMATO, BACON AND AVOCADO, SERVED ON TOASTED SOURDOUGH WITH ROASTED GARLIC BLACK PEPPER AIOLI. \$16.50

PASTRAMI REUBEN

SLICED SMOKED PASTRAMI, SAUERKRAUT AND SWISS ON TOASTED RYE WITH THOUSAND ISLAND DRESSING. \$15

TCB PRIME RIB FRENCH DIP

TENDER PRIME RIB SHAVED AND DIPPED IN HOT AU JUS WITH CARAMELIZED ONIONS, FONTINA CHEESE AND HORSEY CREAM SAUCE ON A TOASTED HOAGIE. \$18

BLACKENED STEELHEAD SANDWICH

BLACKENED STEELHEAD, LETTUCE, TOMATOES AND RED ONIONS ON TOASTED SOURDOUGH WITH JALAPENO AIOLI. \$16.50

TCB BURGER

SEASONED GROUND BEEF PATTY, GORGONZOLA, BACON, CARAMELIZED ONIONS AND HONEY-CHIPOTLE MAYO ON A BRIOCHE BUN. \$16.75

AMERICAN CLASSIC BURGER

1/2LB AMERICAN WAGYU BURGER PATTY WITH LETTUCE, TOMATO, RED ONIONS, THOUSAND ISLAND DRESSING AND YOUR CHOICE OF SWISS, AMERICAN OR CHEDDAR CHEESE ON A BRIOCHE BUN. \$16.25

ROOT VEGETABLE BURGER

SEVEN KINDS OF ROOTS, WALNUTS AND SPICES, BREADED AND FRIED ON A BRIOCHE BUN WITH JALAPENO AIOLI, PICKLED RED ONIONS, SPINACH AND GOUDA CHEESE. \$16.25

Lunch Entrees

FISH TACOS GF

TWO TACOS SERVED ON CORN TORTILLAS WITH CATCH OF THE DAY, CABBAGE SLAW, PICO DE GALLO, AVOCADO AND SRIRACHA CHIPOTLE SAUCE. \$16

FISH & CHIPS

BEER BATTERED ÅLASKAN COD WITH HOUSE MADE TARTAR SAUCE AND FRENCH FRIES. \$16.50

TOMATO AND PESTO TORTELLONI

FIVE CHEESE BLEND, SPINACH AND ROASTED GARLIC STUFFED TORTELLONI, SAUTÉED WITH MUSHROOMS IN A HOUSE MADE MARINARA WITH BASIL PESTO. \$16.50

PULLED PORK ENCHILADAS

House braised pork shoulder, green onions and Fontina cheese rolled inside flour tortillas. Served with tomatillo salsa, cilantro citrus crème fraiche, house made mole and Jicama slaw. \$18

POUTINE

A CANADIAN CLASSIC, CRISPY FRIED FRENCH FRIES, HOUSE MADE BROWN GRAVY AND FRESH CHEESE CURDS. \$12

ADD PORK + \$5

CAJUN MAC & CHEESE

CREAMY AND RICH BLEND OF FONTINA, CHEDDAR AND PARMESAN CHEESES WITH TRINITY, GARLIC AND ANDOUILLE SAUSAGE. TOSSED WITH CAVATAPPI AND CAJUN SPICES. \$16 *ADD GRILLED OR BLACKENED CHICKEN BREAST \$7